



DECEMBER

A Season of Celebration
Troy Senior Citizens Center

It's Holiday Time

Christmas is a vibrant and joyous holiday celebrated annually on December 25th, commemorating the birth of Jesus Christ. While its origins are rooted in Christian traditions, Christmas has evolved into a global cultural celebration characterized by a variety of customs and traditions. Families and friends gather to exchange gifts, decorate Christmas trees, and indulge in festive meals. The holiday season is marked by a spirit of generosity and goodwill, as many participate in charitable activities and community events. Iconic symbols like Santa Claus, reindeer, and twinkling lights add to the festive atmosphere, making Christmas a time of warmth, reflection, and togetherness. Whether celebrated for its religious significance or as a cultural festivity, Christmas brings people together to share in the joy and magic of the holiday season.

The holiday season is a time for reflection, gratitude, and connection. It's a period where we step back from the hustle and bustle of everyday life to appreciate the people and moments that bring joy and meaning to our lives. Whether it's gathering with family and friends, indulging in festive traditions, or simply savoring the quiet peace of a winter's night, the holidays offer a unique opportunity to express appreciation for all that we have. This season of giving and receiving reminds us of the importance of kindness and generosity, inspiring us to carry these values throughout the year. Embracing the spirit of the holidays allows us to create lasting memories and strengthen the bonds that connect us to those we love.

We look forward to creating some memorable moments here at the center. Happy Holidays to all!

Our Mission

We are dedicated to providing education, socialization, activities, wellness opportunities, and self-enrichment for members and other area senior citizens.

What's Inside

Month of
Holiday Fun

Welcome new
Director

Wellness Program
Expansion

December
Calendar

Membership
Drive
Information

Upcoming
Programs

Don't Forget to Renew Your Membership Soon

Our annual membership drive has begun. If you pay your dues before December 31, 2025 the cost is \$25.

If you wait until January, the cost is \$30. This year, we will be giving away a nice gift basket --for every member who brings in someone new to join, you will get your name entered to win this gift basket. This is being donated by Buckeye Home Health and will arrive at the center the first week of December. We will also do a separate prize drawing for any member who renews before January 15, 2026.

Where else can you attend BINGO 4-5 times a month and have lunches 3-4 times a month for only \$30 for the whole year?

If you attend one month, you have gotten your moneys worth out of the center.

Please consider joining us (and bring a friend) for fun, food and fellowship.

If you bring a guest, they may attend 3 times before joining and you will be entered for the raffle when they join.

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General Info

November was a very busy month for the center. The craft bazaar was a huge success netting \$1250 including \$269 for chili and hotdogs. We had several lunches and learned about the changes in Medicare. We are restarting our monthly game nights, the third Saturday of the month. We always have plenty of fun, food and fellowship. Come and bring a friend.

The snow has already fallen and there are many more days of cold weather ahead. A reminder that we are **NOT** connected to the school closings. If the center closes, we will notify Channels 7 and 2, post on Facebook and send an email.

We will be gearing up for the new nutrition program in January and a new fitness/strength class as well. Yoga is moving to Thursday from 10:00 to 10:45, and we will be having AARP taxes in the building on Monday and Wednesday beginning in February.

The line dancers will be performing on the following dates: **Dec. 1- Courtyard of Troy, Dec. 4- StoryPoint, Dec. 8 Brookdale and Dec 11 Troy Care and Rehab.** Please support our dancers.

Only 31 days remaining to get your resolutions completed before making new ones for 2026!

Happy Holidays and Be Safe!



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that Support our
Community!

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10AM: LD-Courtyard 1PM: Cards 6:30PM: Bridge	2 9AM: Crafts 11AM: Drum 12:30PM: Cards	3 9:15AM: VB 11AM: Pool 1PM: Mah Jongg	4 10-10:45 YOGA 10AM LD - StoryPoint 1PM Cards	5 9:15 Breakfast at High School	6 1PM Bid Euchre
	8 10AM: LD-Brookdale 1PM: Cards 6:30PM: Bridge	9 9AM: Crafts 11AM: Drum 12:00 L&L 12:30PM: Cards	10 9:15 VB 11AM: Pool 1PM: Mah Jongg 2:30 Board MTG	11 10-10:45 YOGA 10AM: LD at Troy Rehab 6PM: Drum 12:30PM: Bridge	12 10 AM VB 11:30 Cookie Exchange 1:00 BINGO	13 5:00 Christmas Party
	15 10AM: LD 1PM: Cards 6:30PM: Bridge	16 9AM: Crafts 11AM: Drum 12PM: L+L 12:30PM: Cards	17 9:15AM: VB 11AM: Pool 1PM: Bingo Bridge/Mah Jongg/Cards	18 10-10:45 YOGA 10AM: LD 1PM: Cards 6PM: Drum	19 10AM: VB 11AM Bookclub 1PM: Bingo	20 8 AM FUNDRAISER/APPLEBEES 1PM: BID EUCHRE 5PM-9PM: GAME NIGHT
	22 10AM: LD 1PM: Cards 6:30PM: Bridge	23 9AM: Crafts 11AM: Drum 12:30PM: Cards	24 9:15AM: VB 10:45AM: Yoga 11AM: Pool 1PM: Mah Jongg, Cards, Bridge	25 <u>MERRY CHRISTMAS</u> Center is closed	26 10AM: VB 12:30PM: Bridge 1pm: Bingo	27 1PM: Bid Euchre
	29 10AM: LD 1PM: Cards 6:30PM: Bridge	30 9AM: Crafts 11AM: Drum 12:30PM: Cards 6:30PM: Bridge	31 9:15AM: VB 10:45AM: Yoga 11AM: Pool 1PM: Bingo/Mah Jongg/Cards			

Meet our New Director

Gina Havenar-Heintz



A Life of Dedication and Connection

Gina has worked in the senior healthcare industry for over 23 years. She is well versed in the social, nutritional and well being needs of seniors. She has been a strong resource for seniors and a huge advocate for them.

A Little bit About Her

Gina has lived here in Troy for the past 21 years but is originally from Piqua. She is married to Dale who grew up in Covington. Her two sons are named Chad and Todd. Chad lives in Covington with his wife, Aimy and three daughters. Todd lives in Columbus with his wife, Kristyn and they have two dogs. A stepdaughter, Angie and her family also live in Covington with their four sons ranging from 9 to 20 years old. The seven grandkids keep her busy with sporting events including, baseball, band, softball, basketball, volleyball, track and dance.

In her spare time, she enjoys gardening, photography, camping, decorating and travel. Spending time with family, friends and grandkids is at the top of the list.

On Personal Note

She is happy to be here at the center and is looking forward to getting to know our members. She hopes to inspire others through new activities, events and building relationships.

Fundraiser at Applebees

Saturday, Dec. 20th

Come join us for a Flapjack Fundraising event on Saturday, December 20th from 8:00 to 10:00 a.m.

Tickets are only \$10 for all the pancakes you can eat. Cost also includes bacon and a beverage.

We need a few volunteers to serve people...no cooking required!

We will earn \$5 from each ticket sold.

Tell all your friends and neighbors!



Fazoli's Fundraiser January 6th 4-9 pm

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Upcoming Programs

Dec 5th: A bus will depart at 9:15 AM from TSCC for a complimentary breakfast at Troy High School. This is a great annual event!

Dec. 12th 11:30 Cookie Exchange at TSCC...all cookies must be homemade!

Dec. 13th Holiday dinner catered by Romers from 5-9 pm with music to follow by Joseph. Cost is only \$5 to be paid by Dec. 1st so we can confirm a count. Please bring a small dessert to share. Bring a non perishable item for the food drive.

Dec. 20th 8:00-10 am Flapjack Fundraiser at Applebees. Tickets are \$10. All you can eat pancakes, bacon and a beverage. We need volunteers to serve (no cooking). We will earn \$5 per ticket sold. Tickets available now in the office.

Lunch and Learns

December 9th

Piqua Care will visit to provide education and lunch. Be sure to sign up.

December 16th

Troy Rehab will visit to provide education and lunch. Be sure to sign up.

Medicare open enrollment. ends December 7th

December 19

Book Club - This month we are reading **The Highway by CJ BOX**

DECEMBER UPDATES:

- Yoga moving to Thurs at 10:00am - 10:45 am
- We are participating in Partners in Hope again this year and gifts can be donated at the Center til 12/5
- Food Drive continues thru Dec.

Visit the Center

TROY SENIOR CENTER	937-335-2810
troyseniorcitizens.com	134 N Market Street Troy, OH 45373