

October 2026

Newsletter



Fall is on the way!!

October is a month that signifies the true arrival of autumn in many parts of the world, bringing with it a tapestry of vibrant colors as leaves transition from green to shades of red, orange, and yellow. It is a time when the air turns crisp, and cozy sweaters and warm beverages become staples. In the Northern Hemisphere, October is synonymous with festive celebrations such as Halloween, where people of all ages delight in costumes, haunted houses, and the thrill of trick-or-treating. The month also hosts cultural events like Oktoberfest, which originated in Germany and is celebrated worldwide with enthusiasm and plenty of beer. In addition to its festive allure, October is a month of awareness campaigns, including Breast Cancer Awareness Month, which promotes education and support for those affected by the disease. Overall, October is a month that balances the beauty of nature, the joy of celebration, and the spirit of community and awareness.



OUR MISSION

We are dedicated to providing education, socialization, activities, wellness opportunities and self enrichment for members and other area senior citizens.

Troy Senior Citizens Center

UPCOMING EVENTS:

- Oct 7 Birthday Party
- Oct. 9 What's New
- Oct 9- Health Screenings
- Oct. 13 Lunch and Learn
- Oct. 12-15 Elections
- Oct. 15 Carry-In / Elections
- Oct 20 Lunch and Learn
- Oct 24 Chili Dump/Games

Trustee Elections Coming October 15th!

Voting will take place on October 15th from 9:00 to 11:30 am. prior to our monthly carry in. You may vote early on October 12, 13, or 14 from 9 am to noon. There are 2 candidates for 3 positions. If you write in a candidate , please make sure they have agreed to serve and have been a member over a year.

Please read the bios for our two candidates :

Denny Kremer and Claudia Schertzinger.

*******Food Drive Nov. 6- Dec 18 more info to follow*******

Chili Dump bring a small serving of chili to be dumped into one!

<i>Compliments of</i> Fisher-Cheney FUNERAL HOME & CREMATION SERVICES 937-335-6161 • www.fisher-cheneyfuneralhome.com 1124 West Main Street, Troy OH 45373 Howard Cheney, Owner & Member of the Troy Senior Citizens Center	ACTION PROSTHETICS Karl Burk, L.P., C.P. Troy Office 937-339-1123 Greenville Office 937-548-9100 www.actionprosthetics.com	 No act of kindness is ever wasted
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October Birthdays

2- Sharon Dilworth & Becky Miller

5- Marilyn Boehringer

7 -Sharon Hopper & Lori Reimer

11 Benson Flory

13 Ken Wright

15- Mel Ward

16 Chris Terwilliger & Denny Kremer

17 Candie Stayton & Di Hunsbarager

17 Linda Helton & Sandy Hemm

18- Howard Cheney

19- Carl Mote

21 Becky Brunsman

22- Sarah Matkoskey

24 Lois Milligan & Steve Skinner

26 Marsha Simpson

27 Margie Wallace

28 Larry Eichhorn & Mickey Fletcher

30 Meggan Klein

Fun Fitness Things

Line Dancing Monday and Thursdays at 10:00

Cardio Drumming Tuesdays at 11:00 and Thursdays at 6:00

Chair Zumba

Wednesdays at 4:30 pm
(cost is \$25/5 weeks)

Stretch n Flex on
Tuesdays at 10:00

Chair Volleyball Wednesday at 9:15 and Friday at 10:05

Chair Yoga Thursdays at 10:00

Tai Chi Fridays at 9:00
(must be prepaid)

Billiards Wed from 11-1

Wii Bowling and other sports whenever available

Oct 7

Birthday Party Celebration

Oct. 9 th

What's New

Oct. 12-14 early voting

Oct. 13

Lunch will be provided by Home State Health Care. Presentation on Property Fraud

Oct.15

Membership meeting/ ELECTIONS

OCT. 19 Reflexology 9-1

Oct. 20

Lunch provided by Otterbein: Emergency Preparedness.

Oct.23

Crafts with Kathy V. @ 9:00

Oct. 23

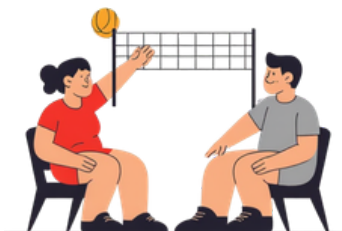
Book Club-@ 11. This months book

Listen for the Lie, Anna Tentara

Oct. 24

Game Night/Chili Dump 5-9

Bring Chili and snacks



Always looking for
more volleyball
Players...come join us!!
It's lots of fun!!

Troy Senior Citizens Center

TROY SENIOR CENTER

937-335-2810

troyseiniorcitizens.com

**134 N Market Street
Troy, OH 45373**

Bio - Claudia Schertzinger

I am running as a candidate for trustee. I have been involved with the center for 12 years . I would like to be a part of making the center enjoyable and a welcoming place for seniors. ??I believe the tools are there to make it happen. I have owned my own business, was in retail management for over 20 years, dealt with Human Resource issues and counseled and evaluated employees job performances. I have overseen the craft group and I am responsible for maintaining the boutique craft sales at the strawberry festival and the annual bazaar. I lead the drumming class twice weekly and assist with line dancing. We have brought many new members to the center with the addition of these classes.

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Bio - Denny Kremer

I am running as a candidate for trustee . I have been on the board for two and a half years as the facility chair. I try to always think of ways to make the Center a better place for members. My wife, Sue, and I have lived in Miami County and Troy for over 20 years. We have over 45 under our umbrella” We have been members of the center for over seven years.

I retired from Copeland Corporation / Emerson in Sidney, Ohio. I am a DIY'er and keep busy with home products both ours and our children's, traveling with Sue, following Marion Local and OSU sports and attending many and never ending variety of grandchildren's activities and sports!



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OCTOBER

2026

MON	TUE	WED	THU	FRI	SAT	SUN
28	29	30	1	2	3	4
5	6	7	8	9	10	11
10:00 Line Dancing 1:00 Cards 6:30 Bridge	9:00 Crafts 10:00 Stretch n Flex 11:00 Drumming 1:00 Cards	9:15 Chair Volleyball 11:00 Pool 11:30 Birthday Party 1:00 Mah Jongg 4:30 Chair Zumba	10:00 Line Dancing 10:00 - Chair Yoga 12:30 Bridge 1:00 Cards 6:00 Drumming	9:00 Tai Chi 10:05 Chair Volleyball 12:30 Bridge	1:00 Bid Euchre 1:00 Samba	
12	13	14	15	16	17	18
10:00 Line Dancing 1:00 Cards 6:30 Bridge	9:00 Crafts 10:00 Stretch n Flex 11:00 Drumming 12:15 L&L 1:00 Cards	9:15 Chair Volleyball 11:00 Pool 1:00 Bingo 1:00 Mah Jongg 2:30 bid mtg 4:30 Chair Zumba	10:00 Line Dancing 10:00 - Chair Yoga 12:00 Carry in 1:00 Cards 6:00 Drumming	9:00 Tai Chi 10:05 Chair Volleyball 12:30 Bridge 1:00 Bingo	1:00 Bid Euchre 1:00 Samba	
19	20	21	22	23	24	25
10:00 Line Dancing 1:00 Cards 6:30 Bridge	9:00 Crafts 10:00 Stretch n Flex 11:00 Drumming 12:15 L&L 1:00 Cards	9:15 Chair Volleyball 11:00 Pool 1:00 Mah Jongg 4:30 Chair Zumba	10:00 Line Dancing 10:00 - Chair Yoga 1:00 Cards 6:00 Drumming	9:00 Tai Chi 10:05 Chair Volleyball 11:00 Book Club 1:00 Bingo	1:00 Bid Euchre 5-9pm Child Dump and Game night	
26	27	28	29	30	31	1
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