

Living the Good Life



Troy Senior Citizens Center

134 N. Market St, Troy Oh 45373

937-335-2810 M-F 9a-4p

Troyseniorcitizenscenter.com

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Our mission is to promote service, education, recreation and socialization for all citizens age 50 and older in the Troy area and surrounding communities. To assist senior members of our community to remain productive



IMPORTANT REMINDERS IN APRIL

The Center will be closed for Euchre on Saturday, April 6th for a private party.

April 8th - The Solar Eclipse will take place. The center will be open and a great place to see the eclipse in our parking lot. Bring your lawn chairs and a snack to share. They will also be doing events downtown and it is an easy walk from the center.

Hopefully this will not be a problem any longer, but it is Ohio. Please remember to watch Chanel 7 / WHIO for center closings. We will also post it on our Facebook page.

Sheena Barrett from Brookdale will be here on the first Wednesday of every month for birthdays. If you have a Birthday in April, please join us for cupcakes on April 3rd. There is a sign up sheet so she knows how many to bring.

Book Club : April 26, 2024 at 11:00 am - Canary Girls by: Jennifer Chlaverini

April 18, 2024 12:00 - 1:00 PM Troy Police Department, Sgt. Nick Freisthler. How to avoid scams and fraud. Bring your own lunch. (He had to reschedule last month due to him being sick)

The Strawberry Festival will be here before we know it. Please sign up to help with the planning. It takes a lot of volunteers to make the festival a success for the Senior Center. Below is the recipe for our Strawberry Shortcake. We need a lot, so please make as many as you can.

Spray 8x8 pan with Pam

Pre heat oven to 325

Mix together:

2 1/2 C. Bisquick

1/2 C. Flour

1/8 tsp. Baking Powder

5 Tbsp sugar

3 Tbsp. melted butter

1 C. milk

Place mixture in pan. Bake approx. 35 min. until light brown. Test with toothpick to see if it is done. Cool and package in gallon sized Ziplock bag.

Label with your name and ingredients.

Message from President

Happy Spring:

I hope everyone has/had a nice Easter. Welcome back to our Snowbirds. The Center has been extremely active. AARP tax representatives are still at the center until April 10th.

It is almost Strawberry Festival time. Please mark your calendars for May 30-June 2. We will not be open on Friday evening this year. The Shortcake recipe is in this months newsletter. We need a lot of volunteers to have a successful event. Our center relies on the festival to keep us up and running. We will be having a Strawberry Festival planning meeting for all members on Tuesday, April 9, 2024 at 12:30pm. Please plan to attend and sign up to volunteer.

Have a great month and hopefully warmer weather is on its way.

Kathi

Fun facts about our members:

NEW MEMBER - Kim Curtis

Born in Dayton, Ohio

I have 1 brother.

I have 2 sons and 2 bonus daughters through marriage.

I grew up in Englewood and lived there until Chris, my husband came along.

I am still working. I am a Registered Nurse at Upper Valley Medical Center in Behavioral Health. I worked in Maternity most of my career.

My favorite sit-down restaurant is Texas Roadhouse

My favorite color is pink.

I enjoy gardening when I have time. I also enjoy watching the wildlife in our backyard. Especially the deer. I also like working puzzles.

I like to relax by sitting in the sun, going for walks and Chris and I enjoy camping, boating and fishing, but Chris has to take the fish off my hook. :)

My favorite season is summer, summer, summer and more summer. :)

I love to vacation in Florida on the beach.

My favorite movie is What About Bob.

My favorite holiday is any of them that I can spend with my husband, children and do not have to work or be on call. If I had to pick one, it would be Easter probably.

I am married to Chris, we've been together 7 years and got married 2 years ago on the beach in Florida. I enjoy volunteering. I love little kids. When I got out of high school I debated between being an Elementary Teacher or a nurse. I decided to be a nurse. That was one of the best decisions I ever made. I will have been a nurse for 40 years this June and plan to retire sometime in the next year.

ESTABLISHED MEMBER: Terry Millhouse

I was born in Troy, Ohio.

I have a sister still living and one sister deceased. I have 3 deceased brothers.

I have 4 children, 2 sons and 2 daughters that I love dearly. I have 7 grandchildren and 4 Great Grandchildren that mean the world to me.

I was Assistant Manager at Tipp Monroe Home Improvement Center and a Corrections Officer for the Miami County Sheriff Department.

My favorite sit down restaurant is Lincoln Square in Troy.

My favorite color is pink.


I love all flowers..

My favorite seasons are Spring and Fall.

My favorite holiday is all of them. I enjoy having my children and grandchildren around.

I like to vacation at the Ocean or the Mountains with my precious husband, Randy Millhouse.

I enjoy coming to the Senior Center to make crafts and to play cards with my friends. I have made some dear friends at the Center.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL	1	2	3	4	5	6
	10:30 Line dance 1 cards / games 630 Bridge	9 - Crafts 11 - cardio drumming 12 - 2 L&L <u>AND</u> Bingo Complete Solutions. 1 - Samba/ games	11-1 Billiards 1- April Birthday celebration with Brookdale 1 - Cards/games 1 - Mahjong	10:30 Line Dancing 1 Cards/games 6pm - Cardio Drumming	10 - Chair VB 12:00 - Peter / Computer help 1- Games	Center closed for private event.
7	8	9	10	11	12	13
	10:30 -Line Dancing SOLAR ECLIPSE 1- Cards/ games 6:30 Bridge	9 - Crafts 11 - cardio drumming 1 - Samba/ Games **AARP will be here doing taxes	11-1 Billiards 1 - Cards/games 1-Bingo - Troy Rehab 1 - Mahjong ** 5pm - Board meeting	1030 - Line Dancing 12:00 - Carry In 1 Cards/games 6pm - Cardio Drum 6:30 - 7:30 -Bike Program	10 - Chair VB 9:30 New Member Breakfast 11:00 - B.P. check 1- Bingo Premiere 1 - Games	1 - Bid Euchre
14	15	16	17	18	19	20
	1030 Line dancing 1 cards/ games 630 Bridge	9- Crafts 11- cardio drumming 12- L&L Troy Rehab 1 Samba/ Pinochle	11- 1 Billiards 1- Bingo Court-yard 1 cards/games 1 - Mahjong	1030 - Line dancing 12 - L&L - Troy Police Department. Fraud and Scams *** <u>Bring your own lunch</u> 1:00 Cards/games 6pm - Cardio Drum **Skyline 5-9pm	10- Chair VB 12:00 - Peter tech help 12:30 Bridge 1 - Bingo - Shelby Skilled 1 - Games	1 - Bid Euchre
21	22	23	24	25	26	27
	10:30 Line dance 1 cards/ games 630 Bridge	9 crafts 11 drumming 12- L&L Mark Sharp and Mike Mehaffie Rehab 1 Samba/ Pinochle 6:30 Bridge	11- 1 Billiards 1:00 Bingo Dorothy Love 2:00 / Cards	1030 - Line dancing 1:00 Cards/games 6:00 Cardio Drumming	10 - Chair VB 11- Book Club Caray Girls By: Jennifer Chlaverini 1 - Cards/ games	1- Bid Euchre
28	29	30	MAY 1st	MAY 2nd	MAY 3rd	MAY 4th
	10:30 Line Dancing 1 Cards 6:30 Bridge	9 Crafts 11 drumming 1- Samba	11- 1 Billiards 11 - Chair Yoga 1- May Birthday Celebration with Brookdale	10:30 - Line Dancing 1:00 - Cards / Games 6 pm - Cardio Drumming	10 - Chair VB 12:30 Bridge 12:00 - Peter tech help 1 - Cards/ games	1-Bid Euchre

NEWS & REMINDERS

SOLAR ECLIPSE fun on Monday April 8th. 1-4. Please bring a snack to share.

WELCOME NEW MEMBERS

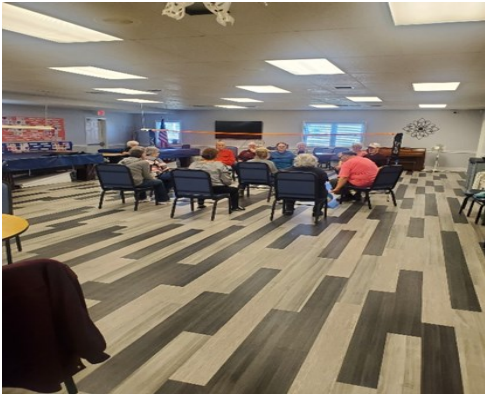
Ruth Hartman, Dee Hammers, Stephanie Stoner and Jan Nitchman

NEW MEMBER BREAKFAST - Friday April 12th at 9:30am. Everyone is welcome to attend.

HAPPY BIRTHDAY AND/OR ANNIVERSARY TO EVERYONE CELEBRATING IN APRIL.

Sheena Barrett from Brookdale will be bringing birthday cupcakes or cake the first Wednesday of every month at 1:00 pm to help us celebrate. Please sign up to let us know if you are coming. All are welcome.





Chair Volleyball is always a fun time!!



Creative Images hair and nails.



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Serving the Senior Community since 1962

MEMBERSHIP ENROLLMENT FORM **Time to renew your memberships

Name of person #1 _____

Name of person #2 _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Anniversary Date _____

Birthdate #1 _____ Birthdate #2 _____

Emergency Contact _____ Phone # _____

Email _____ Do you want your newsletter e-mailed? YES or NO

I give my permission for any photo of me during Troy Senior Citizens Center activities to be in the public domain. My photo may be used for publicity, on our Facebook page, web page or other forms of public media. _____ **Initial**

Please pass this form on to a friend or use it yourself to update your information. All people age 50 and over are welcome to join . If married only 1 spouse needs to be 50