

APRIL 2026

Newsletter

Spring has sprung!

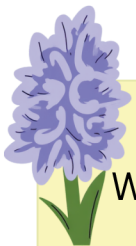


We are all looking forward to warmer weather and plenty of sunshine!

Welcome back to all our snowbird friends! We continue to introduce new programs this spring and hope you will choose to participate!



Spring and Easter are intrinsically linked, both symbolizing renewal and new beginnings. As winter relinquishes its icy grip, spring ushers in a season of rebirth with blossoming flowers, longer days, and a rejuvenated earth. Easter, celebrated by Christians worldwide, commemorates the resurrection of Jesus Christ, embodying themes of hope and renewal. This holiday often coincides with spring festivals in various cultures, blending religious and cultural traditions. Symbols such as eggs and bunnies, emblematic of fertility and new life, are central to Easter celebrations, while families gather for meals and engage in activities like egg hunts, strengthening bonds and creating cherished memories. Friends and family come together during this time, celebrating not only the season but the joy of togetherness and the support they provide one another. Together, spring and Easter create a tapestry of joy and renewal, inviting individuals to embrace the promise of new beginnings while celebrating the friendships and familial connections that enrich their lives.



OUR MISSION

We are dedicated to providing education, socialization, activities, wellness opportunities and self enrichment for members and other area senior citizens.

Troy Senior Citizens Center

UPCOMING EVENTS:



- Apr 1 Birthday Party /Trivia
- Apr 13 Commissioners Info/New Jail
- Apr 13 Trivia Night at 5:30
- Apr 16 Dine2Donate at Skyline Chili
- Apr 17 Crafts w Kathy V.
- Apr 17 What's New?
- Apr 24 Talent Show
- Apr 26 Open House/Ice Cream Social



Haven't Yet Renewed Your Membership ?

Your cost is only \$20 due to the Miami County Age Friendly Grant.

If you attend one month, you have gotten your moneys worth at the center.

Please consider joining us (and bring a friend) for fun, food and fellowship. We have added many new programs which have been well attended and we are open to more suggestions!

Grant info!

Due to the Grant, we have received for membership we will be refunding everyone who renewed or signed up for membership before February 15th an amount of \$10 each.

See Gina with any questions

Troy Senior Citizens Center

Do you play Euchre?

We are looking for a couple more players to join us on Mondays and/or Thursdays at 1:00.
COME ON IN!

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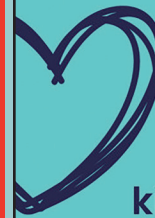
Howard Cheney, Owner & Member of the
Troy Senior Citizens Center

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Strawberry Festival is Fast Approaching

**Volunteer Sign up sheets are up...
As many of you know, this takes an
army to do all that is necessary.
We will be selling pork sliders on
Friday evening this year in addition
to Saturday. Plans are already in the
works for our strawberry shortcake
sales. We will be making all the
shortcakes in house. We have again
secured great sponsors for this event.
Come join us!!**

**Volunteers needed!
This years
Strawberry Festival is
June 5, 6 and 7.
Sign up soon! We
need you and your
fun spirit!**

Troy Senior Citizens Center

**TALENT SHOW IS FRIDAY, APRIL 24th at 2:30 pm.
Any type of talent is welcome. Singles or groups!
Sign up sheet is on the board.**

Troy Senior Citizens Center

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HOPPY EASTER!!

April Word Search

Troy Senior Citizens Center

O H A S A N C Y B T U N K A A E C D Y E
R H O P C Y E F R J N A X O F Y G Y P A
B J T B Q H W H Y E F S A S N V K D A F
P V E H U O S B F S G B N L N O Q M N
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V R J N U Z E V O Z P B R Z E H H J A V
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BASKET
BUNNY
CANDY
CHICK
CHOCOLATE

CHRISTIANITY
DECORATE
DYE
EGGS
FAMILY

FIND
GRASS
HIDE
HOP
HUNT

JELLYBEANS
JESUS
PARADE
RESURRECTION
TREATS

Upcoming Programs

Fun Fitness things happening...

New fitness and exercise programs continue:

Chair Zumba

Wednesdays at 4:30 pm (every Wednesday) plus **Stretch n Flex** on Tuesdays and **Tai CHI** on Fridays

Chair Volleyball Wed and Fri mornings, too!

Chair Yoga Thursdays at 10:00

Wii Bowling and other sports at 2:00 on Tuesdays...sign up today!

Open House with Live Music & Ice Cream Social ... Sun., April 26th at 2:00 ...Come join us !!

April 1st-Birthday Party & Trivia Fun

April 13th-County Commissioners presentation on the proposed New Jail

April 13th -Trivia Night with Megan Baldwin...rally your team

April 14th- Piqua Care will provide lunch and Troy Historical Library presents the Miami County Dairies

April 16th DIne to Donate at Skyline Chili

April 17th-Crafts w Kathy Vogler...9:00 am

April 17TH - What's New?

April 21st Lunch and Learn provided by Family Audiology and presentation on Vision: How it effects Hearing

April 24th Book Club - This month we are reading RemarkablyBright Creatures by Shelby van Pelt

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Happy April Birthdays



- 9 Linda Oliver
- 10 Stacy Morris
- 15 Tana Sue Arnett
- 15 Joyce Huston
- 16 Gina Heintz
- 16 Charlie Remy
- 24 Donna Mote
- 24 Marsha Tomkins
- 25 Jack Horstman
- 28 Carolyn Herron
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April 2026

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				9:15 Chair Volleyball 1 11:00 Pool 1:00 Birthday Party 1:00 Mah Jongg 4:30 Chair Zumba \$5	10:00 Line Dancing 10:00 Chair Yoga 12:30 Bridge 1:00 Cards 6:00 Cardio Drumming	NO Tai Chi 10:05 Chair Volleyball 12:30 Bridge	4
5	10:00 Line Dancing 11:30 Fire Safety w Lyle Bolin TFD 1:00 Cards 6:30 Bridge	9:00 Crafts 9:00 Stretch n Flex 11:00 Drumming 12:30 Cards 2:00 Wii Bowling	7	9:15 Chair Volleyball 8 11:00 Pool 1:00 Mah Jongg 1:00 BINGO 2:30 Board Mtg.	10:00 Line Dancing 10:00 Chair Yoga 12:00 Carry In 1:00 Cards 6:00 Cardio Drumming	9:00 Tai Chi 10:05 Chair Volleyball 11:30-1 Premier Health Screenings 1:00 BINGO	11
HAPPY EASTER				9:15 Chair Volleyball 15 11:00 Pool 1:00 Mah Jongg 1:00 Bridge 4:30 Chair Zumba \$5	10:00 Line Dancing 10:00 Chair Yoga 1:00 Cards 6:00 Cardio Drumming 5-9:00 D2D Skyline	9:00 Tai Chi 9:00 Crafts w Kathy V 10:05 Chair Volleyball 11:00 What's New? 1:00 BINGO 1:00 Bridge	18
12	10:00 Line Dancing 11:00 Jail Presenta Lion 1:00 Cards 5:30 Team Trivia 6:30 Bridge	9:00 Crafts 9:00 Stretch n Flex 11:00 Drumming 12:00 Lunch & Learn 1:00 Cards	14	9:15 Chair Volleyball 22 11:00 Pool 1:00 Mah Jongg 1:00 BINGO 4:30 Chair Zumba \$5	10:00 Line Dancing 10:00 Chair Yoga 1:00 Cards 6:00 Cardio Drumming	NO Tai Chi 10:05 Chair Volleyball 11:00 Bookclub 1:00 BINGO 2:30 Talent Show	25
19	10:00 Line Dancing 1:00 Cards 6:30 Bridge	9:00 Crafts 9:00 Stretch n Flex 11:00 Drumming 12:00 Lunch & Learn 1:00 Cards	21	9:15 Chair Volleyball 29 11:00 Pool 1:00 Mah Jongg 4:30 Chair Zumba \$5	10:00 Line Dancing 10:00 Chair Yoga 1:00 Cards 6:00 Cardio Drumming	2:00 Wii Bowling every Tuesday Strawberry Festival Committee Meeting is April 17 th at 12:00 Tai Chi New Session starts May 1	
26	2:00 OPEN HOUSE/ ICE CREAM SOCIAL	9:00 Crafts 9:00 Stretch n Flex 11:00 Drumming 12:30 Cards 6:30 Bridge	28	10:00 Line Dancing 1:00 Cards 6:30 Bridge	10:00 Line Dancing 10:00 Chair Yoga 1:00 Cards 6:00 Cardio Drumming		