



November

GRATITUDE, GATHERINGS & GOOD COMPANY
AT TROY SENIOR CITIZENS CENTER

Grat-i-tude (noun) — from Latin gratus, meaning “thankful” or “pleasing.” The quality of being thankful; readiness to show appreciation for kindness and to return it.

Gratitude has a quiet power. It doesn't always arrive in the big moments. It grows in the small, ordinary ones that fill our days. A card game shared, a kind chat, a morning workout class. These little things create connection, and connection is where gratitude lives.

At TSCC, those connections happen every day, especially during this season. They bloom through friendships, laughter, crafts, and simple acts of showing up — creating space for gratitude to meet us there.

This month gives us many reasons to be thankful. A new Board of Directors brings fresh energy and leadership to our community, and you'll meet one of our newest members — who also happens to be our November Member of the Month.

Preparations are underway for our annual Holiday Craft Bazaar, now expanded to include a Chili Fundraiser. We're also hosting Medicare Information Sessions to help members during open enrollment, and our Wellness Program is taking shape as we plan new fitness and educational offerings for early next year.

We're deeply grateful for our funders, partners, and every one of you who brings this place to life with your presence and spirit. Maybe gratitude isn't just something we feel - it's something we create together.

Our Mission

We are dedicated to providing education, socialization, activities, wellness opportunities, and self-enrichment for members and other area senior citizens.

What's Inside

Month of
Gratitude

Welcome new
board members

Wellness Program
Expansion

November
Calendar

Member of the
Month

Bazaar &
Upcoming
Programs

Your Newly Elected Board of Directors

Congratulations to our newly elected Board of Directors, and thank you to everyone who voted! Your participation helps shape the future of the Troy Senior Center.

We look forward to a great year ahead under the leadership of this dedicated team.

Office	Name
President	Kathi Witte
Vice President	Cindy Shockey
Secretary	Helen Thompson
Treasurer	Sharon Stewart
Trustee	Claudia Schertzinger
Trustee	Wanda Vettters
Trustee	Denny Kremer

Wellness Grants Awarded

We're excited to share that the Troy Senior Citizens Center has received grant funding to expand our Wellness initiatives.

The grants awards will focus on providing opportunities for members to move more, eat well, and stay educated and connected. These generous donations will allow us to strengthen what's already in place and introduce new wellness offerings, from fitness classes and nutrition education to continuing healthy meals designed to support aging well.

You'll begin to see new opportunities later this quarter and early next year as the program unfolds. It's about more than exercise or food — it's about community, connection, and confidence in everyday living that doesn't have to cost an arm and a leg.

We are deeply grateful to The Troy and Miami County Foundations for their generous support and to all of our community partners who make this work possible.

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 1PM: Bid Euchre
2	3 10AM: LD 12PM: Medicare Q&A 1PM: Cards 6:30PM: Bridge	4 9AM: Crafts 11AM: Drum 12:30PM: Cards	5 Brookdale Bday Cupcakes 9:15AM: Breakfast at Troy HS (meet at TSCC) 10:45AM: Yoga 11AM: Pool 1PM: Mah Jongg	6 10AM: LD 6PM: Drum 12:30PM: Bridge	7 CENTER CLOSED	8 Craft Bazaar & Chili Fundraiser
9	10 10AM: LD 1PM: Cards 6:30PM: Bridge	11 9AM: Crafts 11AM: Drum 12PM: L+L 12:30PM: Cards	12 9:15AM: VB 10:45AM: Yoga 11AM: Pool 1PM: Bingo Bridge/Mah Jongg/Cards 2:30PM: Board Mtg	13 10AM: LD 12PM: Carry In + Member Mtg 1PM: Cards 6PM: Drum	14 10AM: VB 11AM- 1PM Wellness Check 1PM: Bingo	15 1PM: Bid Euchre 5pm-9pm: Game Night
16	17 10AM: LD 1PM: Cards 6:30PM: Bridge	18 9AM: Crafts 11AM: Drum 12PM: L+L 12:30PM: Cards	19 9:15AM: VB 10:45AM: Yoga 11:30AM: L+L 11AM: Pool 1PM: Mah Jongg, Cards, Bridge	20 10AM: LD 1PM: Cards 5PM - 9PM: Skyline D2D 6PM: Drum	21 9AM: New Member bfast w Piqua Manor 10AM: VB 11AM: Book Club 12:30PM: Bridge 1pm: Bingo	22 1PM: Bid Euchre
23 30	24 10AM: LD 12PM: Medicare Q&A 1PM: Cards 6:30PM: Bridge	25 9AM: Crafts 11AM: Drum 12:30PM: Cards 6:30PM: Bridge	26 9:15AM: VB 10:45AM: Yoga 11AM: Pool 1PM: Bingo/Mah Jongg/Cards	27 Happy Thanksgiving Center Closed	28 10AM: VB 1PM: Cards	29 1PM: Bid Euchre

Member of the **MONTH**

Sharon Stewart **New board member!**



A Life of Dedication and Connection

Sharon joined the Troy Senior Citizens Center when looking for ways to stay active and meet new people. She quickly found a community of friends and activities that fill her days with fun and laughter.

Staying Active at the Center

Since joining, Sharon has become a familiar face at the Center. She participates in chair volleyball, cards (she loved 6-handed Bid Euchre), and luncheons, and more. Talking about chair volleyball, she joked, "It's hard to play when I'm laughing so hard." Anyone who's stopped by on Wednesdays or Fridays knows that's true, the laughter shared keeps everyone coming back for more.

This year, Sharon was elected to the Board of Directors. Her positivity and commitment to the Center make her a wonderful addition to the leadership team. Her diverse career background gives her a solid foundation for her new role on the board.

A Fun and Unexpected Skill

A fun fact about Sharon: she knows how to shoe a horse! It's a surprising skill and matches her adventurous, hands-on nature.

Celebrating Sharon

We're proud to recognize Sharon as our Member of the Month! Her sense of humor, warmth, and dedication make her a joy to be around, and she continues to inspire others to stay active and connected at the Troy Senior Citizens Center. Keep being your wonderful self, Sharon!

Holiday Craft Bazaar & Chili Fundraiser

Saturday, November 8 • 10:00 AM – 3:00 PM

Troy Senior Citizens Center

The holidays are on the way and so is one of our favorite traditions! Join us for this year's Holiday Craft Bazaar & Chili and hot dog Fundraiser, a day filled with creativity and food. Adding food is a new element this year and we are excited to try this! We are accepting baked good donations as well and those can be dropped off on Friday 11/7 for those who want to support.

Our Troy Senior Center Craft Group has been hard at work preparing a variety of handmade items, from seasonal décor and gifts to cozy creations perfect for the colder months. Every purchase supports programs and activities that keep our members active, engaged, and connected all year long.

And while you shop, don't forget to stop by for a bowl of homemade chili, with cornbread lovingly prepared by our volunteers. It's the perfect recipe for good food and good company; we gratefully accept donations.

Come shop, eat, and celebrate the season with us!

Fun Moments



Upcoming Programs

Nov 5th: A bus will depart at 9:15 AM from TSCC for a complimentary breakfast at Troy High School. This is a great annual event!

Nov 15th: **Game Night** at TSCC

Nov 20th: **Skyline Dine to Donate**. We also are looking for volunteers to sign up to pass out fundraising flyers in 1-hour shifts from 5pm-9pm.

Nov 21st : **New member breakfast**. Join us to get to know each other better.

DECEMBER UPDATES:

- Yoga moving to Thurs at 10:45am - 11:30am
- We are participating in Partners in Hope again this year and gifts can be donated at the Center through 12/5
- Dec 13th: Christmas Party!

Lunch and Learns

November 11th

Buckeye Forest will visit to provide education and lunch. Be sure to sign up.

November 18th

Troy Rehab will visit to provide education and lunch. Be sure to sign up.

It is currently **Medicare open enrollment**. Join Ginger on Nov 24th for a Q&A on plans and coverage. Snacks provided

Book Club - This month we are reading ***The view from Lake Como*** by **Adriana Trigiani**

Visit the Center

TROY SENIOR CENTER	937-335-2810
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